



ETHICS

SCOPE OF PRACTICE AND REFERRING

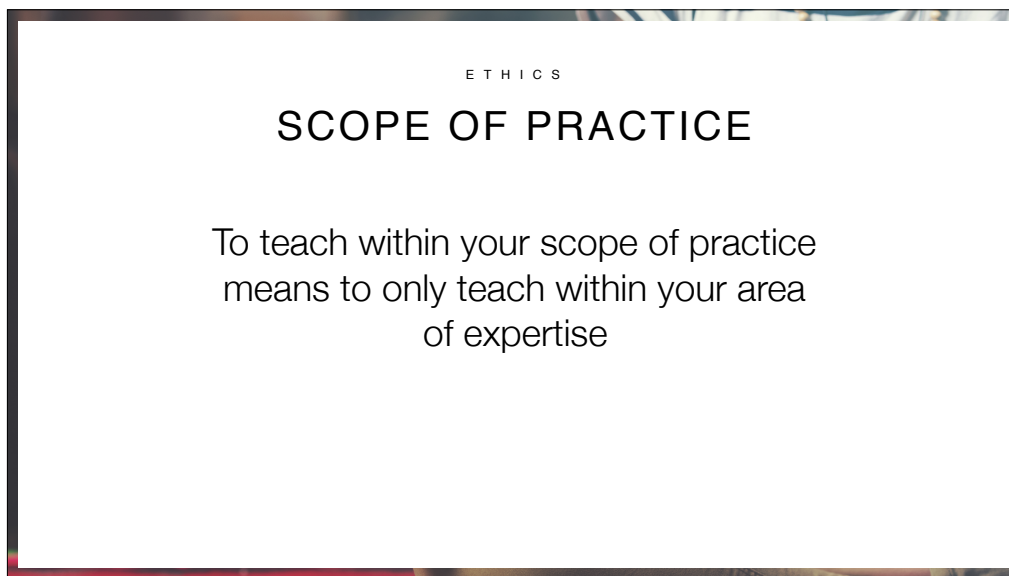
1



ETHICS

SCOPE OF PRACTICE

2

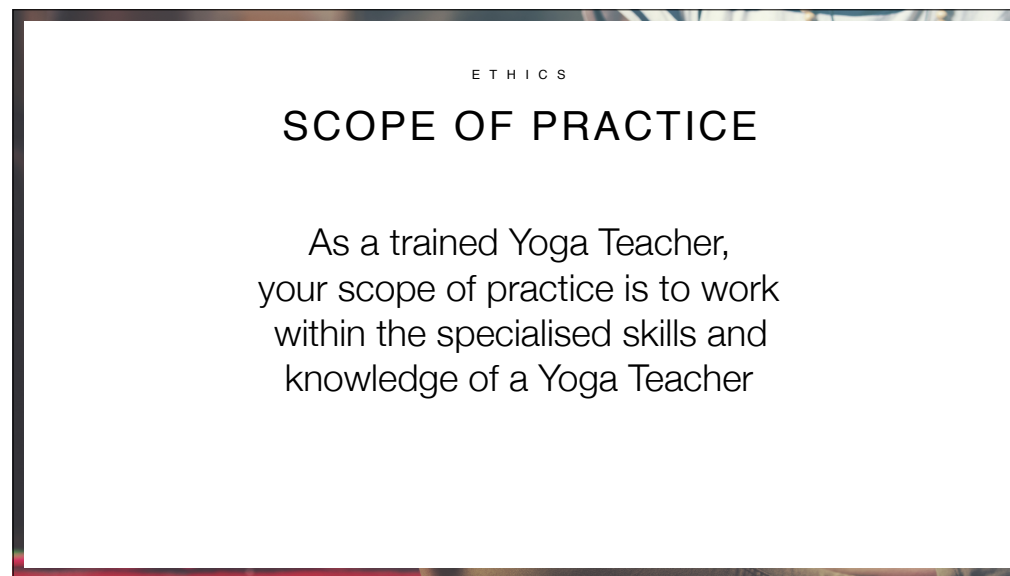


ETHICS

SCOPE OF PRACTICE

To teach within your scope of practice means to only teach within your area of expertise

3



ETHICS

SCOPE OF PRACTICE

As a trained Yoga Teacher, your scope of practice is to work within the specialised skills and knowledge of a Yoga Teacher

4

ETHICS

SCOPE OF PRACTICE

Your scope of practice does not include offering counselling, medical advice, relationship advice, nutrition advice, life coaching, Ayurvedic treatments, yoga therapy, aromatherapy or herbal supplements

5

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SCOPE OF PRACTICE

The role of the Yoga Teacher as working within an educational framework

Yoga Australia (2019)

6

ETHICS

SCOPE OF PRACTICE

Scope of practice for Yoga Teachers:
Working within the scope of a yoga teaching qualification with a variety of physical, emotional, mental and spiritual health presentations

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7

ETHICS

SCOPE OF PRACTICE

Scope of practice for Yoga Teachers:
Offering an integrated set of practices aligned to the needs of the individual and according to yogic models of health, including (but not limited to) the koshas and gunas

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8

ETHICS

SCOPE OF PRACTICE

Scope of practice for Yoga Teachers:

Teaching yoga practices such as
āsana, prāṇāyāma, relaxation,
meditation, mudra, bandha, mantra,
bhavana and sankalpa

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9

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SCOPE OF PRACTICE

Scope of practice for Yoga Teachers:

Working in a group class consisting of
people with a variety of conditions and
individualised Yoga Teaching in one-
to-one settings

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10

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SCOPE OF PRACTICE

Yoga Teachers ARE qualified to:

Receive referrals from other
appropriate healthcare providers

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11

ETHICS

SCOPE OF PRACTICE

Yoga Teachers ARE qualified to:

Provide referrals to other
appropriate healthcare providers

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12

ETHICS

SCOPE OF PRACTICE

Yoga Teachers ARE qualified to:

Engage with medical or other allied health professionals and use referral / feedback processes to optimise client health and wellbeing outcomes

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13

ETHICS

SCOPE OF PRACTICE

Yoga Teachers ARE qualified to:

Be informed by a diagnosis made by another qualified health professional

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14

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Request diagnostic tests or procedures

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15

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Interpret diagnostic test results

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16

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:
Diagnose a medical condition

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17

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:
Prescribe medication,
nutritional supplements or herbs

Yoga Australia (2019)

18

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:
Advise about ceasing
prescribed medication

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19

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:
Perform any invasive procedures

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20

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Make any judgements or
recommendations about advice or
treatment from another healthcare
professional

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21

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Work with clients presenting with
issues outside the Yoga Teacher's
area of competence

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22

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Advertise themselves as beyond
the scope of yoga teaching

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23

ETHICS

SCOPE OF PRACTICE

Yoga Teachers are NOT qualified to:

Make false claims about yoga's
therapeutic and healing capacities

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24

ETHICS

SCOPE OF PRACTICE

We need to be mindful that we don't know everything, and in fact we don't have to know everything

25

ETHICS

SCOPE OF PRACTICE

Stephanie Lopez · 4:35 Wonderful and important discussion! There is such freedom in understanding our scope of practice. Like · Reply

Gina Mac · I totally agree with you and Stephanie. Such an important topic and so important for yoga teachers to understand this. And you are so right about the freedom it gives us when we say we don't know. I've found that when I send people away they respect me more and so does the person I refer them to. X Like · Reply

Stephanie Lopez · 0:00 Agree 100% Gina! We end up building a circle of trust along with professional networks that are built on mutual understanding and respect for each other's work. Like · Reply

Dr Lauren Tober · 0:36 Yes! Love this Gina and Stephanie. Love how this discussion on the scope of practice has extended beyond just not causing harm, to also honoring our own wisdom, finding freedom to not know everything and connecting and honoring the wisdom of others in our community. Thanks for bringing your perspectives to this important topic! Like · Reply

26

ETHICS

REFERRING



27

ETHICS

SCOPE OF PRACTICE

General Practitioners (GPs)
Psychologists
Counsellors
Naturopaths
Massage Therapists
Ayurvedic Practitioners and/or
Yoga Therapists

28

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SCOPE OF PRACTICE

How do you work with clients?
Do you see yoga as having a role in mental health?
Are you currently accepting referrals?
How much do you charge?
What's the best way for me to refer clients to you?

29

ETHICS

SCOPE OF PRACTICE

A referral can be as simple as recommending a health practitioner

30

ETHICS

SCOPE OF PRACTICE

Having a great referral network is great for your students and is good for business

31

THANK YOU

32